

 This 9 weeks the CHCORI Battalion has been very active... check it out!!

CHCORI CHRONICLES

Volume 6, Issue 2

The First 9 Weeks

Marine Corps Waterborne

On October 15th the Marine Corps invited JROTC Cadets to participate in a day of waterborne and physical training. The cadets arrived at the recruiting station on Route 3 at eight o'clock in the morning. Once all the cadets and Marines were assembled, the day of exciting yet rigorous training began.

The Marine Corps began the day with a Physical Fitness Test that consisted of two minutes of crunches, a flex arm hang/pullups, and a mile and a half run. Numerous cadets burned the Marine poolees in the Physical Test which was very impressive. After the PT Test cadets and Marines were shuttled over to Saint Michael High School for waterborne training. There

were two groups and one group went to the pool with a select few doing recon, while the other group did more physical training in the high school's gym. The group that went to waterborne got to jump into the pool,

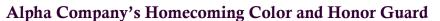
borne got to jump into the pool, swim a lap, and get out to do ten push-ups. This cycle was to be repeated five times per person. Then once all the laps were finished, everyone plunged into the pool and treaded water for five minutes in increments and learned how to use ACUs as a floating device. During this water training people who were not in the water were on the pool deck doing

physical training.
The group that went
into the gym did physical training consisting
of spider man pushups,
military pushups, high
knees and other ex-

hausting activities. Once each group finished with their designated section they swapped areas. The waterborne group went to the gym and the gym group went to waterborne.

The day ended at noon and overall it was extremely fun and successful. It was a fun way to physically train without the standard outdoor PT. the CHCORI Cadets should definitely engage in such activities again.





On October 14th, the Alpha Company Color Guard and Honor Guard took the field at Courtland High School's homecoming game. The color guard consisted of Charlie Duckett, Eric Gallagher, Alyssa Schlupp, and Dylan Smalley. The cadets in the color guard as well as James Doggett, Virginia Frischkorn, and Dylan Clark made up the honor guard. Before the game began, the color guard proudly marched onto the field to

bear the colors during the National Anthem. During half time, the honor guard arched their sabers as the homecoming court walked through. They presented a well organized and eye- catching display that represented Courtland High School and Alpha Company in an admirable manner. This was their first performance as a team and it went very smoothly. Their performance received accolades from many people in the crowd afterwards.

Page 2 CHCORI CHRONICLES

Back to School Drill Meet

"I fell in love with drill from the beginning"

On October 29, 2011 Courtland High School allowed the CHCORI Battalion Drill Team to host their annual back to school drill meet. The drill meet went exceptionally well with the CHCORI Battalion even winning a few awards (they did not accept the awards though, as a courtesy because they hosted the competition). Prior to the drill meet our cadets and staff planned out exactly how everything would be done during the drill meet.

Due to the good planning, an outstanding execution followed. The drill meet began at 7am and ended at 4pm. It was a long day, but well worth it. Events that took place during the drill meet included academic testing, color guard competing, and unarmed platoon competing. It was evident how many cadets were passionate about what they were doing and how many of them tried their absolute best. When Cadet Sharma was asked the

question "Why do you enjoy drill?", he responded "I have tried a lot of sports throughout high school, but I fell in love with drill from the beginning." After speaking to numerous cadets about how they felt towards drill the responses were pretty similar to the last part of Sharma's. Overall the day was a success and the outcome was phenomenal.







Pocahontas Raider Meet

CHCORI cadets showed up at the SCTC at roughly 4 in the morning, a time better known to the cadets as, "O' dark thirty," ready to ride off to the Raiders North competition. The three teams; A team, B team, and F team; had prepared for many weeks and were ready to win. As LET 3, Cadet Sergeant First Class John Figurella said, "We could have been better prepared that morning, but we were by the time we left." After an opening speech by Lieutenant Colonel Brian Barham, the cadets loaded their gear onto the bus and climbed in. On their way, they made a quick stop for breakfast, soon to arrive at Pocahontas State Park after a long bus ride. The team leaders signed in, and then the teams were taken to the opening ceremony.

After the ceremony the cadets

warmed-up for the day and had some friendly conversation with the other teams. Then they started the Modified Army Physical Fitness Test, or MAPFT. The first two parts of the MAPFT were push-ups and sit-ups; they quickly finished with several cadets making qualifying scores. The cadets then went on a "quick hike" looking for the milerun's start point. After a short while of searching, they found the start and took off. A few minutes later, cadets started appearing at the end of the path to put forth their all to try and get the best time. Then it was time for the teams to go to the rope bridge event.

Cadets tried their best to quickly tie a rope to two distantly placed trees and get all of their team across. The rope bridge on a normal day, is supposed to take no more than four minutes but this was a new brand of rope bridge. There were many complications that occurred as the cadets were both forming the rope bridge and crossing it, making all three of the CHCORI teams finish in over five minutes. After this disaster the cadets were to find twenty points in the land navigation course. The land navigation course usually allows cadets an hour to find all the points, but this time the cadets went out with a compass and map for only thirty minutes. The points were difficult to find and B Team even had an injury, but all things considered the teams did well. Following this was the First Aide/Litter Carry.

The cadets had to take a

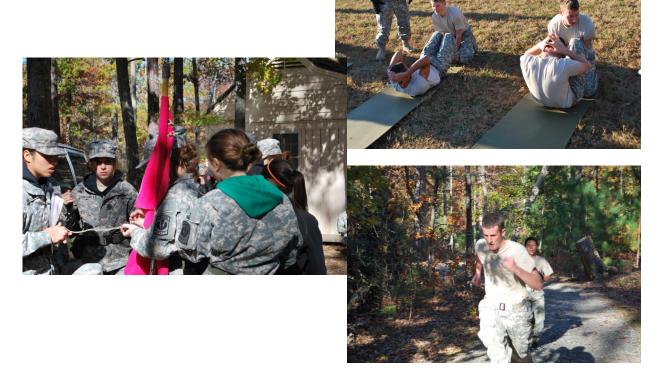
Volume 6, Issue 2 Page 3

stretcher, carried by four people, through a predetermined course in the forest. The teams sped through the course, all receiving very good times on the track. This event was a major contributor to the success of the teams at the end of the day. The last event of the day was the five kilometer road march/run. This event is probably the most difficult of all. It is the very last thing to complete and all the cadets are worn down and tired from the prior tasks. The teams were set up at the start point and then when the speaker hollered, "START!" they raced off onto the long path they had ahead. Approximately twenty minutes later, they showed up, sprinting the last stretch of the race. Cadet Second Lieutenant Ellice Sisson stated that, "It was an amazing feeling I got when completing the 5K with my female team as one, after a long, tiring and hectic day."

At the end of the day, all of the teams gathered on the parade ground and waited for the ceremony to start.

After a small period of waiting, the cere-

mony began and awards were presented to each of the winning teams. The CHCORI A team received many awards including Ist place in Land Navigation, Ist place in MAPFT, and the trophy for 2nd place overall which qualified them for the Best of the Best Competition in 2012. When Cadet First Lieutenant Matt Rappa, the commander of the A Team, was asked about the day he said, "We've had trouble in team organization for three weeks, but we still managed to pull it together and qualify for the Best of the Best Competition. I would not trade this feeling for anything." Personal awards were also given out. Cadet Private First Class Morgan Patterson received several awards including top female cadet in both push-ups and sit-ups. Cadet Private First Class Kelly Dills also received first place for females in the mile run. Overall the day was successful. The cadets endured many hardships in adverse conditions and acclimatized themselves to the situation with grace and strength. CHCORI AS ONE.





Upcoming Events through December:

- -Cadet of the Month
- -Fort Lee Drill Competition
- -Thanksgiving Break
- -Award Ceremony
- -Christmas Parade
- -Cadet of the Month
- -Woodrow Wilson Drill Meet
- -NCO of the Quarter
- -Heroes at Home
- -Christmas Break (These events are placed in sequential order and apt to change, To see dates, visit the website.)



Special thanks to Ellice Sisson, David Pody, Alexis Taylor-Lewis, and Kathryn Hobbs for creating this newsletter.